2016 BHG Fitness Discounts

BHG members are eligible for great deals on memberships at these participating locations!

Curves	Lenox Fit	Berkshire West Athletic Club	Berkshire Nautilus
Curves.	LENOX FIT	berkshire west	BERKSHIRE BINN NAUTILUS
Initial service fee only \$19 (usually \$99) Offer expires April 1, 2016	10% off memberships Excludes EFT monthly and day visit booklets. Cannot combine with other discounts (i.e. students and seniors)	Enrollment fee only \$25 (usually \$75) \$40 yearly maintenance fee waived for first year. 6 month EFT available for BHG members. 30 days for \$30 also available to first time members.	6 months for \$269 (usually \$289) 1 year for \$469 (usually \$499) Please bring BCBS insurance card for discount
5 Cheshire Rd. Pittsfield, MA 413•499•0990	90 Pittsfield Rd. Lenox, MA 413•637•9893	100 Dan Fox Dr. Pittsfield, MA 413•499•4600	42 Summer St. Pittsfield, MA 413•499•1217
Berkshire Family YMCA		Berkshire South Regional Community Center	Berkshire Yoga Dance & Fitness
the		BERKSHIRE SOUTH REGIONAL COMMUNITY CENTER	BERKSHIRE YOGA DANCE FITNESS
15% off memberships		20% off 1 year 15% off 6 months	BHG Loyalty Card: Attend 10 Classes & Get Your 11th Class Free
292 North Street Pittsfield, MA (413) 499-7650	22 Brickyard Ct North Adams, MA (413) 663-6529	15 Chrissey Rd Great Barrington, MA 413•528•2810	55 North St. Pittsfield, MA 413•418•4001

Please bring your most recent pay stub as proof of employment.



Search "Berkshire Health Group Wellness" and like us for daily updates and wellness tips! For more information contact: Shannon Ashcroft BHG Wellness Coordinator sashcroft@bhs1.org (413) 445-9327

